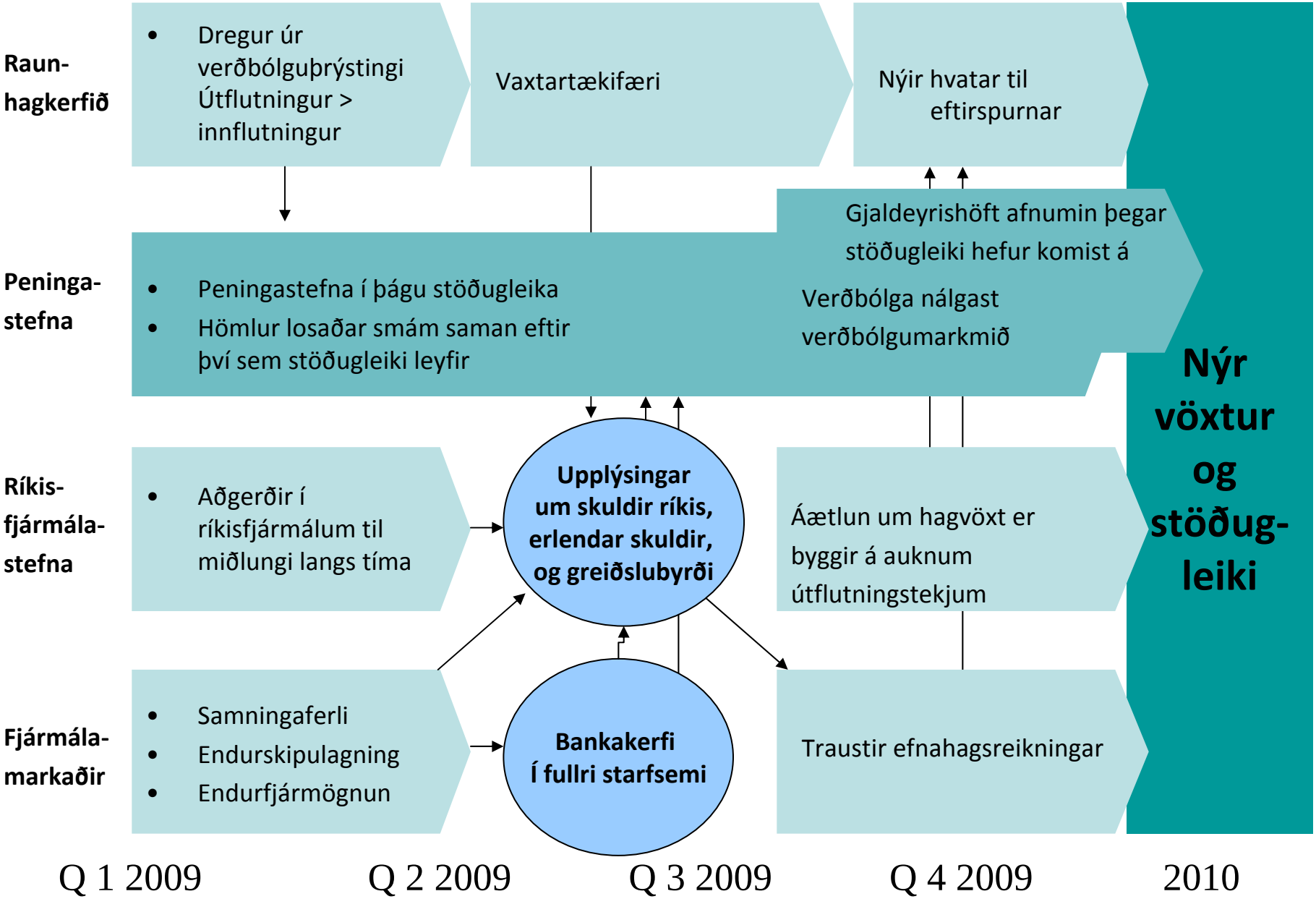Sýn á það sem framundan er